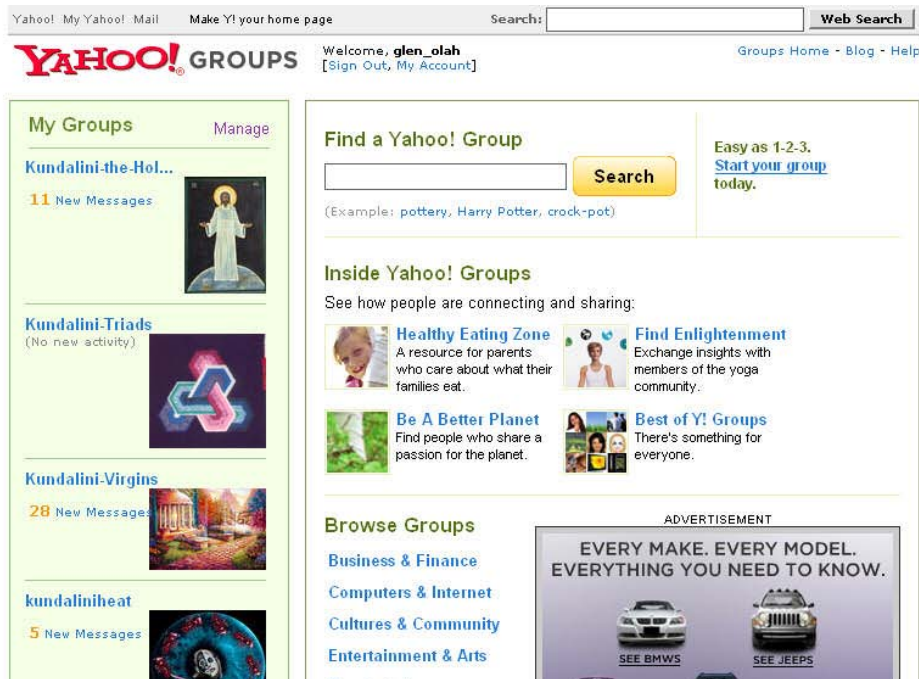
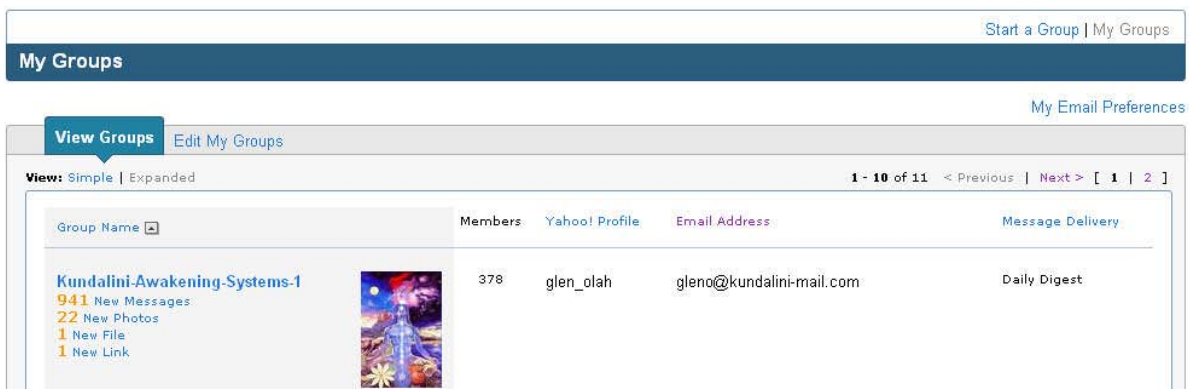


To change your email address in Yahoo to your K-Mail address

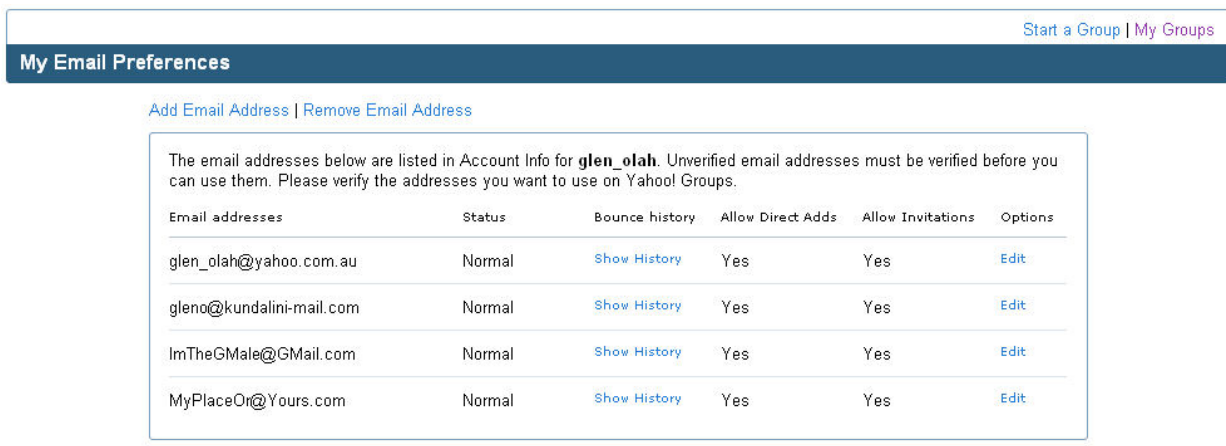
1. Go to: <http://groups.yahoo.com/>
2. Sign in if you are not already signed in
3. Select the “Manage” option from the top of the green “My Groups” box on the left.



4. This will open a list of all the groups which you are a member of.



5. If you have not registered your K-Mail (user@kundalini-mail.com) address with Yahoo then you will need to click on “My Email Preferences”. This will open the following page:



- To add your K-Mail (user@kundalini-mail.com) address click “Add Email Address” and follow the instructions from Yahoo.

Start a Group | My Groups

Yahoo! Groups

Add Email Address

Enter the email address below to add your Yahoo account. After you click on the Continue button, you will be asked to complete email verification. Verification ensures that you are the owner of the email address.

Email address:

Example: joe@domain.com

- When your address has been verified go back to the screen from Step 4.
- Click on the “Edit My Groups” tab.

Start a Group | My Groups

My Groups

View Groups **Edit My Groups**

1 - 10 of 11 < Previous | Next > [1 | 2]

Group Name	Yahoo! Profile	Email Address	Message Delivery	Leave Group
Kundalini-Awakening-Systems-1	glen_olah	gleno@kundalini-mail.com	Daily Digest	<input type="checkbox"/>
kundalini-awakening-systems...	glen_olah	gleno@kundalini-mail.com	Daily Digest	<input type="checkbox"/>
Kundalini-Healing	glen_olah	gleno@kundalini-mail.com	Daily Digest	<input type="checkbox"/>
Kundalini-the-Holy-Fire-of-...	glen_olah	gleno@kundalini-mail.com	Daily Digest	<input type="checkbox"/>

- From here you can change the address your account is linked to as your address will be listed as an option in the third column after it has been verified by Yahoo.